The Reflective Practice Model

Establishing the Reflective Practice Framework

Step 1
Working Alliance Agreement

Step 2
Placement Learning Needs

Step 3
Contract Setting

Step 4
Review and Refinement (Current and for future placements)

Reflective Practice Framework

In-action
The ability to ‘review in the moment’ and address issues in the session as they are needed

On-action
The ability to critically review with the supervisor professional and personal issues impacting on therapeutic process. Requires openness and willingness to incorporate new understanding and learning

For-action
The ability to review outside the session (‘hold in mind’) and apply in practice

Developmentally applied in training across placements

Integrate new learning and reflection with existing knowledge and skills

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